

TARDIVE DYSKINESIA SYMPTOM LIST

DYSKINESIA

- 1) Tongue moves in mouth
- 2) Tongue protrudes out of mouth
- 3) Chewing
- 4) Teeth grinding
- 5) Difficulty swallowing (choking)
- 6) Difficulty eating
- 7) Difficulty speaking
- 8) Facial grimacing
- 9) Puckering
- 10) Blinking
- 11) Eyes pull to one side
- 12) Excessively frequent eye movements
- 13) Repeated forehead wrinkling
- 14) blowing/puffing/burping/unintended noises/clicking
- 15) Difficulty breathing (diaphragm)
- 16) Different (muscle tension or "hatband") headaches
- 17) Jaw ache/tension/spasm
- 18) Head pulls to one side
- 19) Unusual dental problems
- 20) Biting inside of mouth\tongue
- 21) Drooling
- 22) Slurred speech\thick tongue
- 23) Arms move
- 24) Legs move (like restless leg syndrome, but not)
- 25) Fingers move
- 26) Hands drawn up
- 27) Hands cramped (difficulty grasping\holding)
- 28) Arms/hands shake
- 29) Toes move
- 30) Feet cramp
- 31) Difficulty walking
- 32) Back twisting or arching
- 33) Stomach movements
- 34) Hip gyrating
- 35) Diaphragm uncontrolled causing grunting and unusual noises
- 36) Unusual feeling of rapid heartbeat\anxiety
- 37) Tremulousness
- 38) Bouncy legs

*Symptoms disappear completely during sleep (Scientific mystery/diagnosis feature).
Although movements and/or anxiety may impair ability to fall asleep.

DYSTONIA

- 1) Cramps, especially in jaw (like TMJ) and neck muscles
- 2) Can be painful- muscle aches

AKATHISIA

- 1) Can't sit still
- 2) Inner feeling of restlessness/anxiety/discomfort
- 3) Restlessness usually more severe when trying to fall asleep
- 4) Compulsion to keep moving
- 5) Itchy, painful burning tingling skin
- 6) Depression that never existed before
- 7) Suicidal thoughts/actions which never existed before

TARDIVE DYSMENTIA(???)

- 1) Cognitive impairment
- 2) Behavioral changes
- 3) Memory impairment

(Whether this aspect exists or can be medically proven is debated)

PARKINSONISM (usually ceases upon cessation of metoclopramide)

- 1) Masked\expressionless face
- 2) Slowness of movements
- 3) Shuffling gait
- 4) Rigidity
- 5) Can appear zombie-like

END RESULT:

- Humiliation
- Social withdrawal
- Physical disability
- Vocational disability
- Household disability
- Sleep deprivation
- Depression\isolation